1. **In your opinion, what are the most important qualities of a good university teacher?**

**Person2: Well, I think a good university teacher should have excellent knowledge in their field. They need to be able to explain complex concepts clearly.  
Person2: Exactly. And they should be patient. Not all students learn at the same pace.  
Person2: Yes, and be open-minded. Encourage students to have different opinions and discussions.  
Person2: Oh, definitely. A sense of humor can also help make the classes more enjoyable.  
Person2: Totally [agree](coco://sendMessage?ext={"s$wiki_link":"https://m.baike.com/wikiid/9087054336416926860"}&msg=agree" \t "https://www.doubao.com/chat/_blank). A good teacher can really have a big impact on students' lives.  
Person2: So, all these qualities together make a really great university teacher.**

1. **What’s your major at college? What preparations are you going to make for your possible future career? And in what ways do you think they will help you to achieve your goals in the future?**

**Person2: Well, I plan to learn several programming languages really well and work on some independent projects to build up my practical ability.  
Person2: Oh, that sounds interesting. I also want to study the latest research in the field to stay ahead.  
Person2: That's a great thought. I think joining some tech communities and forums will help us learn from others and expand our network.  
Person2: Well, the in-depth knowledge of programming languages will allow us to handle various tasks easily. The hackathons will train our teamwork and creativity.  
Person2: Exactly. The updated knowledge from research will keep us innovative.  
Person2: That's true. We really need to make the most of our time in college to prepare well.**

1. **Please illustrate with examples why it is important to explore.**

**Person2: Well, think about Christopher Columbus. His exploration led to the discovery of new lands and opened up new possibilities for trade and cultural exchange.  
Person2: Right. For instance, the exploration in medicine has led to the development of new treatments and cures.  
Person2: Oh, yes. Like someone might start exploring painting and find out they have a real gift for it.  
Person2: That's so true. We see different ways of life and it broadens our [perspective](coco://sendMessage?ext={"s$wiki_link":"https://m.baike.com/wikiid/7390463738703272235"}&msg=perspective" \t "https://www.doubao.com/chat/_blank).  
Person2: Yes, it really is. It allows us to grow, learn, and discover so many new and wonderful things.**

1. **Can you give some examples of how a person’s lifestyle affects his/her health?**

**Person2: Well, for one, if a person has a sedentary lifestyle and doesn't exercise regularly, it can lead to problems like obesity and weakened muscles.  
Person2: A poor diet, like eating a lot of junk food and not enough fruits and vegetables, can cause various health issues.  
Person2: Yes, not getting enough quality sleep can affect the immune system and make a person more prone to getting sick.  
Person2: Absolutely. Chronic stress can [lead](coco://sendMessage?ext={"s$wiki_link":"https://m.baike.com/wikiid/4311912534534927736"}&msg=lead" \t "https://www.doubao.com/chat/_blank) to mental health problems and also have physical impacts.  
Person2: High blood [pressure](coco://sendMessage?ext={"s$wiki_link":"https://m.baike.com/wikiid/321087322904431229"}&msg=pressure" \t "https://www.doubao.com/chat/_blank), for [example](coco://sendMessage?ext={"s$wiki_link":"https://m.baike.com/wikiid/7121212231759130634"}&msg=example" \t "https://www.doubao.com/chat/_blank). And then there's smoking and excessive alcohol consumption.  
Person2: Yes, and even things like not having good hygiene habits can contribute to health problems.  
Person2: Yes, indeed. Small changes in lifestyle can have a big impact on our overall health.**

1. **Literature is the textbook of human life---Chernyshevsky**

**Share your interpretation of this sentence with us.**

**Person2: Yes, I have. What do you think it means?  
Person2: That's true. Through literature, we can see how people live, love, struggle, and succeed.  
Person2: And it can teach us valuable lessons about morality and ethics.  
Person2: Yes, it's like we're getting an inside look into the human condition.  
Person2: That's an important [point](coco://sendMessage?ext={"s$wiki_link":"https://m.baike.com/wikiid/61960812844313074"}&msg=point" \t "https://www.doubao.com/chat/_blank). Literature makes us more sensitive to the experiences of others.  
Person2: Yes, it broadens our perspectives and enriches our understanding.  
Person2: Absolutely. It has the power to move us and make us think deeply.  
Person2: Yes, indeed. It shows how significant literature is in our lives.**